



Auburn Youth & Family Services, Inc.



Auburn Youth *and* Family Services

Annual Report
July 1, 2022 ~ June 30, 2023





Sally D. D'Arcangelo, LSW
Executive Director

**Marie T. Sandoli, Ph.D.,
D.A.C., ACSW, LICSW**
Clinical Director

Dr. Maryellen Brunelle
President

Michael Villa
Vice - President

Andrew Paquette
Treasurer

Laurie Griffin
Secretary

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Ralph Capaldi
Carrie Cross-Tiraboschi
Sandy Lashin-Curewitz
Joseph Martin
Robert Moffatt
Rocco Morano
Martha Pappas

Dear Friends of AYFS,

Orison Swett Marden said, "We must give more in order to get more. It is the generous giving of ourselves that produces the generous harvest." Once again this year, the Auburn community, including individuals and organizations alike, gave generously to Auburn Youth and Family Services, helping to breathe life into our mission: "supporting families through empowerment and community collaboration." Whether through monetary donations made to the Annual Appeal or throughout the year, food and clothing donations for our food pantry and clothing closet, school supplies and the like, because of you, we were once again able to support countless families in Auburn. On behalf of the Board of Directors, Sally D'Arcangelo, Executive Director, and all of the AYFS team members, we thank you for your generous and ongoing support and we commit to continuing our efforts to support the most vulnerable in Auburn with food, clothing and through myriad other supports.

It is my sincere pleasure to welcome you to the 47th Annual Meeting of Auburn Youth and Family Services. As a friend of AYFS, your commitment helps to ensure we are able to support children and families in need. This year alone, we were able to provide food and clothing assistance to 3,747 individuals; 131 children were equipped with school supplies through our annual First Day program; 348 families benefited from holiday baskets; and 256 clients, including students and families, received counseling in the schools or here at AYFS. As evidenced, our reach is substantial, helping to support and empower families. We simply could not do it without your support...THANK YOU!

AYFS' ongoing collaboration with the schools remains strong, providing counseling support to children in all of the schools, with them in turn, as always, hosting drives throughout the year that help bolster the number of families we can support at the holidays and throughout the year. It is our honor to recognize the RISE, EVOLVE and ENCORE programs with the Children's Friend Award, thankful for those students' ongoing contributions to AYFS. We remain sincerely appreciative of our partnership with the Town, recognizing their support through the Ben Masterman Award. Through the Town's leadership and all of its citizens and businesses, we are appreciative of their invaluable partnership as

Serving the Auburn Community since 1976

21 Pheasant Court, Auburn, MA 01501 • (508) 832-5707 • Fax (508) 832-5708

we collaborate in support of children and families in need...thank you!

As has become the tradition, the Annual Meeting kicks off our Annual Appeal, with this year's goal being \$100,000. AYFS, like other nonprofit organizations, operates on a very tight budget, relying heavily on community donations. Through the ongoing support of the Auburn community, AYFS is committed to fulfilling its mission and we hope that you will once again make a donation, confident that those dollars will be wisely used as we "support families through empowerment and community collaboration."

On behalf of the Board, I thank Sally D'Arcangelo, AYFS Executive Director, and her team for their efforts in supporting the children and families of Auburn. We are all deeply appreciative of their caring support that empowers countless families to improve their quality of life. To the AYFS Board and Advisory members, I offer my most humble thanks for your selfless donations of time and energy. You are crucial to the success of AYFS and your dedication to our mission is second to none...thank you!

In closing, I again thank Auburn's residents and businesses who have always, as Orison Swett Marsden said, "given generously" and we are so appreciative! Without your financial assistance, we simply could not be the vibrant organization that is AYFS... THANK YOU!

With deep appreciation for your support of AYFS,

Maryellen Brunelle, AYFS Board President

Auburn Youth and Family Services
47th Annual Breakfast Meeting
Wednesday, October 4th, 2023
8:15am

Meeting Agenda

WELCOME – Maryellen Brunelle, President

Guest Speaker – Ed Kazanovicz, Town Manager

11th Annual Ben Masterman Business Community Service Award Presentation

23rd Annual Children's Friend Award Presentation

Business Meeting:

Treasurer's Report – *Andy Paquette*

Nominating Committee Report – *Karen Blais*

Presentation of 2023/2024 Slate of Officers/Directors

2023 Annual Appeal Kickoff

Adjournment

AUBURN YOUTH & FAMILY SERVICES, INC.

MISSION STATEMENT

The mission of Auburn Youth and Family Services, Inc. is to support families through Empowerment and Community Collaboration.



Twenty-Third Annual Auburn Children's Friend Award

Presented to Auburn Public Schools – Rise, Evolve and
Encore Programs

Reason & Purpose

We present this award every year to recognize those people who fulfill a large role in the lives of children in Auburn. They have committed many hours to Auburn Youth and Family Services to improve the quality of life for children of all backgrounds. They are active in many other areas of civic life and exemplify charitable giving from deep in their hearts.

This award will be presented at the 47th Annual Meeting and Town-Wide Annual Appeal Kick-Off on October 4, 2023

Past Recipients:

Hilda Healy, 2001
Martha Pappas, 2002
Karen Dumas, 2003
Bill and Liz Gribbons, 2004
Frank Herberg, 2005
Dave and Vicki McLaughlin 2006
Ronald Valerio, 2007
Ben and Linda Masterman, 2008
Sally D'Arcangelo, 2009
Robert Moffatt, 2010
Reverend Robert and Lee Fenby, 2011
Ray & Sue Butler, 2012
Jon & Sally Heaney, 2013
Norman LaFlash, 2014
Maureen Kennedy, 2015
John Lynch, 2016
Don Packard, 2017
Joe Hurley, 2018
Bill Mahoney, 2019
Auburn Public Schools Food Services, 2020
Dorothy Sutton Kauffman, 2021
Karen Blais, 2022

**Eleventh Annual AYFS Ben Masterman Business
Community Service Award**

Presented to The Town of Auburn

Reason & Purpose

This award is given to a business that exemplifies the spirit of giving demonstrated by the late Ben Masterman and his company, Masterman's. This business is also active in many other civic organizations, and exemplifies charitable giving from deep in their heart.

This award will be presented at the 47th Annual Meeting and Town-Wide Annual Appeal Kick-Off on October 4, 2023

Past Recipients:

Masterman's, 2013
Chuck's Steak House, 2014
Park 'N Shop, 2015
Auburn Public Schools, 2016
Auburn Fire Department, 2017
Everybody's Fitness Center, 2018
McCoy's Action Karate, 2019
Auburn Lodge of Elks #2118, 2020
Joel H. Prouty Lodge, 2021
Worcester County Food Bank, 2022

PROGRAM DESCRIPTION

Auburn Youth & Family Services, Inc. is a private, non-profit, multi-service organization for children, young adults, and families. Located at 21 Pheasant Court, Auburn, it offers many programs primarily to the residents of the town, while also servicing individuals from surrounding communities on a sliding scale fee basis. Services include counseling, advocacy, information and referral, support groups for children, adolescents and parents, a food pantry and a clothing closet.

CHILDREN & YOUNG ADULT PROGRAMS

Handling Your Feelings – A program designed for 11–15 year old youth. In each of the gender-specific, 8-week sessions, trained counselors provide activities promoting the healthy expression of everyday emotions, as well as group discussions and activities on positive self-esteem, proper conflict resolution skills and handling peer pressure. Marie Sandoli, Ph.D., LICSW, supervises this group while graduate student interns plan and run the group activities. These services are offered free to Auburn residents through funds provided through the Town of Auburn.

“Stick Up For Yourself Lunch Group” – In such a fast-paced society, children sometimes forget to celebrate being children. This 6-week program was designed for children ages 12-14. AYFS staff and counselors provide the children with a variety of activities which help the children see the best within themselves. The program also touches on other topics, such as, celebrating differences, assertive communication, polite disagreement, encouragement of others following directions, active listening and conflict resolution. This service is offered free to Auburn residents through funds provided through the Town of Auburn.

Counseling – Individual and family counseling is offered for personal, academic, family and substance abuse problems. Counselors provide assessments, crisis intervention and treatment. Fees are established on a sliding scale and based on the number of people in a family and yearly income for those families who do not have health insurance coverage.

SCHOOL OUTREACH PROGRAMS

Middle School Counseling Program – Students in grades six through eight are referred by their guidance counselors. AYFS staff and interns provide counseling services at the Auburn Middle School. Counseling issues cover such areas as depression (including suicidal ideation and self-harm), disruptive home environments, processing loss and transitions, academic failure, increasing motivation, and anxiety. These services are offered free to Auburn residents through funds provided through the Town of Auburn.

Information/Referral – If individuals need information on drugs, family problems, basic needs or teenage issues, they can feel free to call the counselors at Auburn Youth & Family Services. In addition, the agency has a comprehensive list of Human Service Agencies for referral. All contacts are confidential.

High School Counseling – Students in grades nine through twelve are referred by their guidance counselors. AYFS staff and interns provide counseling services at the Auburn High School. Counseling issues cover such areas as substance abuse, depression, divorce, academic failure, domestic violence, sexuality issues, dating relationships and other family-related issues. These services are performed at the Auburn High School and are offered free to Auburn residents through funds provided through the Town of Auburn.

COMMUNITY OUTREACH PROGRAMS

Food Pantry and Clothing Closet – AYFS, through Massachusetts Emergency Food Assistance Program and a partnership with Worcester County Food Bank, operates a food pantry and food

distribution program at 21 Pheasant Court. The mission of our food program is to help alleviate hunger for Auburn's children and families, and to educate families about the importance of good nutrition. The AYFS Food Pantry receives numerous contributions from individuals and organizations in the Auburn community. In the last three years, AYFS has been moving toward healthier options (i.e., fresh vegetables and fruits, yogurt, and whole grain options) in order to address income equity amongst marginalized families. In FY'23 AYFS served 3,747 people.

First Day Program – This vital program is organized by Bill and Liz Gribbons. In the month of August, the First Day Program raises funds to assist families in need of financial support, with backpacks and school supplies for the first day of school, as well as coats and boots for the winter months. This year, we partnered with the Auburn Police Department and the Auburn Lodge of Elks to collect backpacks and supplies. 131 children entering grades K-12 received assistance with this program.

Holiday and Gift Program – AYFS helps to provide gifts and food baskets for families during the holiday(s). Many community businesses, organizations and individuals help with funds and donations for this program.

Auburn Community Assistance Fund – The Auburn Community Assistance Fund (ACAF) was established in 1980 as a private, non-profit fund and was administered out of the Town Clerk's office. In May, 2010, Auburn Youth and Family Services was approached by the ACAF Board of Trustees and asked to become the volunteer administrator of the fund. The purpose of the fund is to assist Auburn residents in emergency situations (particularly with all forms of heating assistance: oil, propane, gas, electric, etc.). The fund works in cooperation with other fuel assistance agencies throughout Worcester County. ACAF is funded solely through contributions from individual companies.

ARPA – In 2021, AYFS entered into a contract with the Town of Auburn to provide services to the Auburn Community funded by the "American Rescue Plan Act". The funds addressed the negative economic impacts of COVID-19 and included funds to support operations of the food pantry and to provide counseling and related support services to eligible families and youth impacted by COVID-19. AYFS continues to experience an increased demand for these services and programs since the onset of the pandemic.

AUBURN YOUTH AND FAMILY SERVICES, INC.
Summary of Services Provided in FY'23

Program	Number of Clients Served
Adolescent Girls' Group	5
Counseling	216
First Day Program	131
Food Pantry	3,747
High School Counseling	20
Middle School Counseling	20
Assistance to families (i.e., utilities, rent, etc.)	35
Swanson Road Intermediate School Groups	15
Holiday Food & Gift Program	
Easter	117 families/324 individuals
Thanksgiving	206 families/594 individuals
Christmas	142 families/391 individuals
Holiday Gift Program	71 families/142 children
	Total Program Clients: 5,640

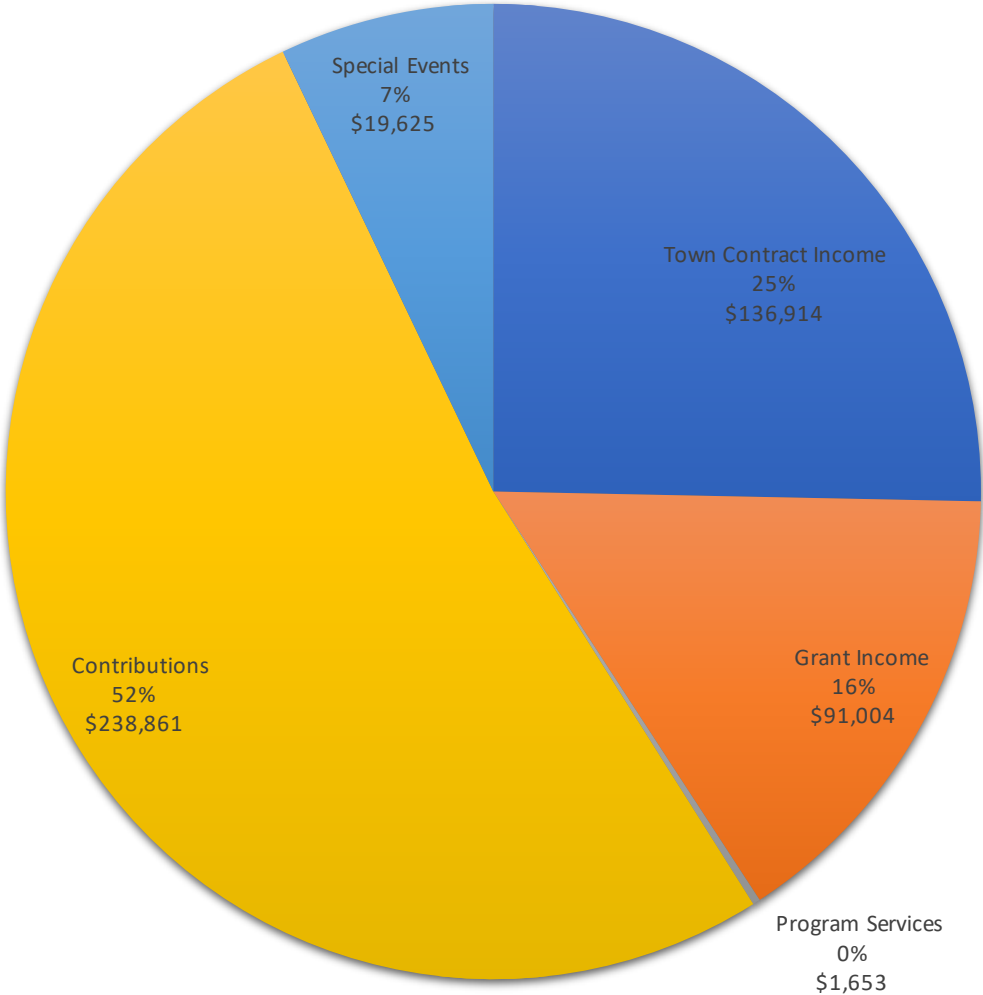
Total Number of Volunteer Hours: 3,264
 (Provided by College Interns, Board of Directors, Advisory Board Members and Community Volunteers)

Represents \$48,960.00 of in-kind services (at \$15.00/hour)

Selected Financial Highlights

	<u>FY2023</u>	<u>FY2022</u>	<u>change</u>
<u>Revenue</u>	\$554,224	\$404,962	\$149,262
Contract Income	140,337	136,914	3,423
Grant Income	85,812	55,000	30,812
Program Services	1,368	1,653	(285)
Contributions	287,324	178,754	108,570
Special Events	39,383	32,641	6,742
<u>Expenses</u>	\$471,869	\$390,527	\$81,342
Staff Expenses	263,538.00	241,861.00	21,677.00
Office and Other Expenses	208,331.00	148,666.00	59,665.00
Surplus (deficit)	82,355	14,435	67,919.85
Donor Designated Fund	48,505	43,751	4,754.00
Cash	50,826	77,549	(26,723.00)
Net Assets	238,521	151,414	87,107.00

FY2023 REVENUE SOURCES



■ Town Contract Income ■ Grant Income ■ Program Services ■ Contributions ■ Special Events

Funding Sources for the Agency

Funding sources for AYFS have varied since its development. State funds through the Department of Public Health were offered until 1988. In FY'23 the Town of Auburn will provide nearly 41% of the annual operating budget (via the Auburn Youth Commission contract). AYFS generates other revenue through grants, program fees and special events.

Major Contributors **FY 2023**

Anonymous Donors	First Congregational Church of Auburn
AAA of Auburn	First Day Program ~ Bill and Liz Gribbons
Auburn Chamber of Commerce	Goddard School
Auburn Department of Public Works	Joel H. Prouty Masonic Lodge
Auburn Department of Public Health	Knights of Columbus
Auburn Fire Department	Masterman's ~ Linda, Tod, and Employees
Auburn High School National Honor Society	Midstate Mitsubishi
Auburn High School Student Council	Miles Press
Auburn High School Encore Program	Millbury Federal Credit Union
Auburn Housing Authority	Officer Ronald Tarentino, JR. Charitable Fund
Auburn Lodge of Elks	Petruzzi Farms
Auburn Middle School	Pakachoag School
Auburn Police Department	Papa Gino's
Auburn Postal Workers	Park 'n Shop
Auburn Public Schools	Patrick Motor Group
Auburn Youth Commission	Roche & Wrenn
Bay State Savings Bank	Saint Joseph's Church
Bethel Lutheran Church	Savers Bank
Bryn Mawr School	Swanson Road Intermediate School
Casella Waste Systems	TMSolution, Inc.
Central One Federal Credit Union	Town Fair Tire
Child Health Associates	The Town of Auburn
Chuck's Steakhouse	UniBank
Don Packard	Webster First Federal Credit Union
Dovetail Internet Technologies	Webster Five Foundation
Everybody's Fitness Center	Worcester County Food Bank
	Worcester County Sheriff's Department



Auburn Youth *and* Family Services

Annual Appeal 2022

The Goddard Society \$5,000.00

Anonymous
Masterman's
Linda and Tod Masterman
Mark McGrail
Pappas Foundation
Robert and Deborah Valentine
UniBank

AYFS Rockets - \$2,000.00

Anonymous
Auburn Graphics
Mark and Jessica Harrington
Thomas and Barabra McClear
Savers Bank
TMSolution, Inc.

AYFS Navigators - \$1,000.00

Hanover Insurance
Givinga Foundation, Inc.
The William H. Reisner Foundation
The Officer Ronald Tarentino, JR. Charitable Fund
Michael and Lisa Villa

AYFS Supporters - \$500.00

Atlas Distributing
Britton Funeral Homes, Inc.
Maryellen Brunelle
Elizabeth Chamberland
Francis DeFalco
First Congregational Church
Victor Paille
Palmer Hammond Tax Services
Anthony Pepin
Thomas and Andrea Russell
Debra Seaman
Steve and Laura Small
Pauline Starkus
James and Joan Sundstrom
Webster Five Federal Credit Union

AYFS Friends - \$100.00 – \$450.00

Accurate Pest Control
Karen Anderson
Elaine Bean
Jacqueline Beard
Philip and Christine Benvenuti
William and Patricia Bergstrom
Bruce and Elise Beverly
Karen Blais
Maurie and Pamela Boisvert
Matthew Brady
Jeffrey Brunsell
Ruby Burke
Ralph Capaldi
Capitol Siding
Central One Federal Credit Union
Karen Chapman
Chester P. Tuttle Post 279
Peter and Kathleen Collins
Richard Cote
Mary Cox
David and Sandy Curewitz
Sally D'Arcangelo
Michael Darche
Leone and Barbara Dellolio
Gerard and Mary Lou Delongchamp
Stephen Diguette
Cindy Dwelly
Diana Edwards
Norman and Lynne Ellis
Greg and Bernadette Engvall
ERA Key Charitable
Michael and Lora Falcigno
Leona Fenby
Tom and Melanie Fleming
Michael Forgit
Lisa Godaire *In honor of Francis and Venia Charpentier
Howard and Doreen Goodrich
Mark and Hallelujah Graveline
Laurie Griffin
Russell Harris
Evelyn Hill
John and Elaine Hogan
Bruce and Maria Hopper
Kevin Hussey
James and Judith Kane
Tom and Dorothy Kauffman
Ronald Klaucke
Todd Kirrane
Zachary and Jessica Lang
Linda Lauzon
Stephen and Frances LeBlanc
Mark and Rosanne Leroux
Betsy Like
William and Marie Loosemore
Susan Lopez
Edwina Lundquist
Ronald and Linda Lussier
Robert and Carol Luther
Joseph Lyons
Michael Marshall
William and Pam McGovern
Richard and Patricia Mercier
Robert Moffatt
Rocco and Carla Morano
Kathleen Nawn
Joanne Newcombe
Nancy Nims
Northeast Insurance Agency, Inc.
Steven and Mona Obremski
Lorna O'Connor
Edward and Eleanor Oleson
Larry and Sandra Olson
Marco and Kathleen Peschiera
Jeffrey and Maureen Pond
Steven Rapacki
Ray Rieder
Richard and Rhea Ringgard
Robert and Joyce Ritacco
Carol and Brian Sandberg
Mark Seliger
William Sipos
Mary Sliwowski
Robert Skaza
Andrew and Rebecca Smith
Southbridge Credit Union
Chester and Roberta Stencel
Michele Sweeney
Robert Treadwell
Mary Urban
Brian and Diane Waters
Wayne and Patricia Wood
Worcester County Airfreight, Inc.
Donna Wrenn
Kevin and Allaine Zautner

We apologize if your name was omitted or misspelled. We were careful to include only those names of people who gave us written permission to publish their names

We would like to extend our deepest thanks to the community members who donated to our 2022 Annual Appeal. Through the generosity of the Auburn Community, AYFS was able to collect more than \$99,000.00 in donations. These funds will directly support our many programs and services. Some of these services include: Weekly Food Pantry Distribution, Individual/Family Counseling for families. Again, thank you to all who donated so generously!

Auburn Youth and Family Services, Inc.
2022-2023 Board of Directors

Board Officers

Maryellen Brunelle	President
Michael Villa	President-Elect
Andrew Paquette	Treasurer
Laurie Griffin	Secretary

Board Members

Karen Blais
Stephen Coleman
Lynne B. Ellis
Jessica Harrington
Maureen Kennedy
William Mahoney, Assistant Treasurer
Jonathan O'Brien
Alfonso Payne
Steven Small
Donna Wrenn
Scott Wrenn, ESQ.

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Susan J. Butler
Ralph Capaldi
Carrie Cross-Tiraboschi
Sandy Lashin-Curewitz
Joseph Martin
Robert Moffatt
Rocco Morano
Martha Pappas

Community Volunteers

Megan Berg
Maurice "Moe" Boisvert
Ray Butler
Nicole Clain
Meghan Roche Depasse
Kristie Deyoe
Brian Dluznieski
Joel H. Prouty Lodge
Jay Foley
Nora Foley
Representative Paul Frost
Debra Gremo
Elizabeth Gribbons
William Gribbons

Bruce and Maria Hopper
Steve Londregan
McCoy's Action Karate
Masterman's
Paula Melican
Senator Michael Moore
Malory O'Brien
Terri O'Donnell
Don Packard
Katie Smith
Chet & Roberta Stencel
Lorna Sullivan
Libbie Whisitt
Brooke Wrenn

We apologize if your name was omitted or misspelled

AYFS Staff

Sally D. D'Arcangelo, LSW
Marie T. Sandoli, Ph.D., LICSW
Brenna Meindersma, R-DMT
Megan Sutter
Kirsten Ireland
Lisa Dziemain
Bobbie Brignola

Executive Director
Clinical Director
Clinician
Administrative Assistant/Program Coordinator
Bookkeeper
Food Pantry Staff
Food Pantry Staff

Interns - 2023

Rylan Guthrie
Daniel Leinweber
Vy Phan

William James College
Anna Maria College
Boston University